

SAMPLE MENU

By Completing & returning this form you are giving consent for us to share the information with our Caterer

£2.60 for a 2 course KS2 meal (cheques payable to Langford Budville School). Class 1 are entitled to free school meal.

If you wish to cancel / be credited for a lunch please notify the school office by 9.30am

Meals are supplied by Dinky Meals Ltd. Fruit/Salad/Vegetables and Meat from Local Producers where possible.

Please circle option 1, 2 or 3 plus A, B or C. (V) suitable for vegetarians. *Pk Lunch includes A & choice of Fruit or Yoghurt.

Please contact the school for allergy information & special dietary requirements. Bread & drinking water available daily.

NAME: _____	CLASS/YEAR: _____	Amount Paid: _____	<input type="checkbox"/> Cash
			<input type="checkbox"/> Cheque
			<input type="checkbox"/> Transfer

Week (1) MONDAY	Week (2) MONDAY	Week (3) MONDAY	Week (4) MONDAY
Pork Sausage (1) 1	Pasta Bolognese (1) 1	Beef Potato Hash 1	Chicken Goujon (1,6,7) 1
Veg Sausage (v) (1) 2	Mixed Veg Bolognese (v) (1) 2	Vegetable Hash (v) (1,7) 2	Vegetarian Dipper (v) (1,3,7) 2
Jkt Potato & Beans 3	Jkt Potato & Cheese (7) 3	Jkt Potato & Tuna (4) 3	Jkt Potato & Beans 3
Potato Wedges & Beans	Steamed Vegetables	Steamed Peas	Wedges and Beans
Strawberry Ice Smoothie A	Choc Ice (1,6,7) A	Orange & Mango Fruit Ice A	Choc Ice Cream roll (1,3,6,7) A
Fresh Fruit (v) B	Fresh Fruit (v) B	Fresh Fruit (v) B	Fresh Fruit (v) B
Yoghurt (7) C	Yoghurt (7) C	Yoghurt (7) C	Yoghurt (7) C

TUESDAY	TUESDAY	TUESDAY	TUESDAY
Roast Gammon Ham 1	Sliced Roast Turkey 1	Roast Gammon Ham 1	Sliced Roast Turkey 1
Pea and Mint Fritter (v) (6) 2	Meat Free Roast (v) (3) 2	Pea and Mint Fritter (v) (6) 2	Meat Free Roast (v) (3) 2
Cheese S/wich Cue/Carrot (1,7) 3	Ham S/wich Cue/Carrot (1,7) 3	Cheese S/wich Cue/Carrot (1,7) 3	Egg S/wich Cue/Carrot (3,10) 3
Roast Pots & Vegetables	Roast Pots & Vegetables	Roast Pots & Vegetables	Roast Pots & Vegetables
Rberry IceCrm Roll (1,3,6,7) A	Blueberry Muffin (1,3,6,7) A	Chocolate Mousse (7) A	White Choco Cookie (1,3,6,7) A
Fresh Fruit (v) B	Fresh Fruit (v) B	Fresh Fruit (v) B	Fresh Fruit (v) B
Yoghurt (v) (7) C	Yoghurt (7) C	Yoghurt (7) C	Yoghurt (7) C

WEDNESDAY	WEDNESDAY	WEDNESDAY	WEDNESDAY
Chicken Curry 1	Lasagne (1,7) 1	Sweet & Sour Sausages 1	Meatballs Tom Sauce (1,6) 1
Veg Curry (v) 2	Vegetable Lasagne (v) (1,7) 2	Sweet & Sour Quorn (v) 2	Vege Meatballs (v) (6) 2
Ham & Lettuce Wrap (1) 3	Turkey & Lettuce Wrap (1) 3	Cheese & Lettuce Wrap (1) 3	Chicken & Lettuce Wrap (1) 3
Steamed Rice	Steamed Vegetables	Steamed Rice	Steamed Rice
Raspberry Mousse (7) A	Apple Crumble IceCream (1,3,7) A	Vanilla Ice Cream Pot (7) A	Eves Pudding & Custard (1,3,7) A
Fresh Fruit (v) B	Fresh Fruit (v) B	Fresh Fruit (v) B	Fresh Fruit (v) B
Yoghurt (v) (7) C	Yoghurt (7) C	Yoghurt (7) C	Yoghurt (7) C

THURSDAY	THURSDAY	THURSDAY	THURSDAY
Cottage Pie 1	Gammon Ham Slice 1	Chicken & Veg Pie 1	Sausage Casserole 1
Quorn Mince Pie (v) (3) 2	Roast Veg Nugget (v) (1) 2	Quorn & Veg Pie (v) (3) 2	Pea and Mint Fritter (v) (6) 2
Ham S/wich Cue/Carrot (1,7) 3	Cheese S/wich Cue/Carrot(1,7) 3	Ham S/wich Cue/Carrot (1,7) 3	Tuna S/wich Cue/Carrot (1,7,4) 3
Steamed Vegetables	Roast Wedges & Peas	New Pots & Vegetables	Roast Potatoes & Vegetables
Jelly & Fruit (7) A	Banana Mousse (7) A	Strawberry Jelly A	Strawberry Mousse (7) A
Fresh Fruit (v) B	Fresh Fruit (v) B	Fresh Fruit (v) B	Fresh Fruit (v) B
Yoghurt(7) C	Yoghurt (7) C	Yoghurt (7) C	Yoghurt (7) C

FRIDAY	FRIDAY	FRIDAY	FRIDAY
Salmon Fishcake (1,4) 1	Breaded Fish Finger (1,4) 1	Cod Fishcake (1,4) 1	Crispy Mini Fillet (1,4) 1
Vegetable Cake (v) (1) 2	Mini Vege Finger (v) (1) 2	Vegetable Burger (v) (1) 2	Vege Goujons (v) (1) 2
Jkt Potato & Tuna & Swtcorn (4) 3	Jkt Potato & Beans 3	Jkt Pot & Cheese (7) 3	Jkt Potato & Coleslaw & Cheese 3
Chips & Peas	Chips & Beans	Chips & Peas	Chips & Peas
Marble Cake Slice (1,3,6,7) A	Flapjack (1,3,6,7) A	Choc cake & Choc Sauce (1,3,7) A	Blueberry Muffin (1,3,6,7) A
Fresh Fruit (v) B	Fresh Fruit (v) B	Fresh Fruit (v) B	Fresh Fruit (v) B
Yoghurt (7) C	Yoghurt (7) C	Yoghurt (7) C	Yoghurt (7) C

ALLERGENS IN FOOD

1. Cereals (gluton)
2. Crustaceans
3. Eggs
4. Fish
5. Peanuts (ground nuts)
6. Soyabeans (soya)
7. Milk
8. Nuts
9. Celery
10. Mustard
11. Sesame Seeds
12. Sulphur Dioxide
13. Lupin
14. Molluscs