



## PSHE Curriculum

### Intent

Our Personal, Social, Health Education (PSHE) curriculum follows the 1Decision resources scheme which is a Kitemark assured programme of study for both PSHE and SMSC. Through this programme children also cover Sex and Relationships Education (SRE) as well as e-safety. With their approach of prevention over cure, through this scheme we aim to teach and support children making the right choice. With its interactive, video based resources, 1Decision provides us with a flexible approach allowing plenty of discussion.



## Implementation

<b>Years 1 / 2</b> 5-8 <i>Resources</i>	<b>Years 3 / 4</b> 5-8 and 8-11 <i>Resources</i>	<b>Year 5 / 6</b> 8-11 <i>Resources</i>
KEEPING/STAYING SAFE	KEEPING/STAYING SAFE	KEEPING/STAYING SAFE
Road Safety Tying Shoelaces	Leaning Out of Windows (5-8) Staying Safe (5-8) Cycle Safety (8-11)	Peer Pressure Adults Views Childrens Views Water Safety
KEEPING/STAYING HEALTHY	KEEPING/STAYING HEALTHY	KEEPING/STAYING HEALTHY
Healthy Eating Washing Hands Brushing Teeth	Medicine (5-8) Healthy Living (8-11)	Smoking Adults Views Childrens Views Alcohol
RELATIONSHIPS	RELATIONSHIPS / GROWING AND CHANGING	GROWING AND CHANGING
Bullying Friendships Body Language	Touch (5-8) Appropriate Touch (Relationships) (8-11)	Puberty Adults Views Childrens Views Conception
BEING RESPONSIBLE	BEING RESPONSIBLE	BEING RESPONSIBLE
Water Spillage Practice Makes Perfect Helping Someone in Need	Stealing (5-8) Coming Home on Time (8-11)	Looking Out for Others Adults Views Childrens Views Stealing
FEELINGS AND EMOTIONS	FEELINGS AND EMOTIONS	FEELINGS AND EMOTIONS
Jealousy Anger Worry	Grief (5-8) Jealousy (8-11)	Anger Adults Views Childrens Views Worry
COMPUTER SAFETY	COMPUTER SAFETY	COMPUTER SAFETY
Bullying Image Sharing	Computer Safety Documentary (5-8) Making Friends Online (5-8) Online Bullying (8-11)	Image Sharing Adults Views Children Views Making Friends Online
MONEY MATTERS	THE WORKING WORLD	THE WORKING WORLD
Money Matters	Chores at Home (8-11)	Enterprise Adults Views Childrens Views In-App Purchases
HAZARD WATCH	A WORLD WITHOUT JUDGEMENT	A WORLD WITHOUT JUDGEMENT

Is it safe to eat or drink? Is it safe to play with?	Breaking Down Barriers (8-11)	Inclusion and Acceptance Adults Views Childrens Views British Values
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**Impact**

Children are assessed by their teacher during each session – What are they contributing? Did they make the right choice? Can they justify their views? How do they respond to others points? This informal approach helps ensure lessons are constructive and that sensitive issues can be addressed safely by all. Using knowledge organiser – Children will be using the key vocabulary outlined.